

# THE WHO'S WHO OF HEALTHY AGEING NOW ON DVD

In 2004 the Inaugural International Conference on Healthy Ageing and Longevity was held in Sydney, Australia. It brought together for the first time over 50 world class speakers who provided leading edge, evidence-based knowledge on the achievement of increased human longevity and healthy, disability free life expectancy. The Conference explored the full spectrum of proven interventions including pharmaceutical, nutritional, clinical, educative, policy, complementary, preventative and restorative means and the scientific underpinnings supporting them.

Over 33 hours of presentations from the Inaugural International Conference on Healthy Ageing and Longevity has been professionally edited into a boxed set of 10 DVDs.

The chance to share the latest knowledge and research results from the Who's Who of Healthy Ageing is an opportunity not to be missed by any institution, policy maker, practitioner, researcher or student.

**The 10 set DVD collection  
can be purchased for just \$495AUS incl. GST.**



### Dr David Suzuki

Internationally Renowned  
Award Winning Scientist  
Environmentalist and  
Broadcaster

*"The reality is that we remain biological beings with an absolute requirement for clean air, clean water, clean soil, clean energy and a multiplicity of living forms if we are to live rich, full lives."*



### Prof. Helen Bartlett

Foundation Director,  
Australasian  
Centre on Ageing  
University of Queensland

*"...a return to perhaps the community development model offers the better guiding framework for healthy ageing and a tool for hearing the voices of older people."*



### Prof Kerryn Phelps

Immediate Past President,  
Australian Medical  
Association (AMA)

*"I think you really do, as a woman and as a GP, have to think twice about an automatic reflex to hormone replacement therapy for a woman with anything but quite severe menopausal symptoms."*



### Mr Peter Garrett MP

Immediate Past President,  
Conservation Foundation.  
Former Member of  
Australian Group,  
Midnight Oil

*"The air pollution and the greenhouse gas process that leads to climate chaos also affects people's health."*



### Prof. Gary Andrews

Immediate Past President,  
International Association of  
Gerontology. Professor &  
Director, Centre for Ageing  
Studies, University of South  
Australia.

*"Well what an amazing journey we've been on these last three days... we've explored all sorts of things about ageing and health and the many ramifications."*



### Dr Natalia Gavrilova

Research Associate, NORC  
Centre on Ageing,  
University of Chicago,  
Illinois, USA

*"Daughters born to older fathers have shorter life spans."*

## 10-DISK BOXED DVD SET:

### Disc 01/10 Opening Ceremony

Mr. R. Carlos Nakai  
Native American Solo Flautist, USA  
Uncle Max  
Australian Aboriginal Cockle Bay Elder  
Thullii Dreaming  
Australian Aboriginal  
Family Dance Group

### Welcoming Address

Dr. Alexandre Sidorenko  
United Nations Focal Point  
on Ageing, USA

### Living Longer

Dr. Alexandre Kalache  
W.H.O., Switzerland  
Prof. Leonid Gavrilov  
University of Chicago, USA  
Combined Q&A

### Attitude, Lifestyle and Community Support

Prof. John McCallum  
University of Sydney, Australia  
Prof. Julie Byles  
University of Newcastle, Australia  
A/Prof. James Curran  
Southern Cross University/  
University of NSW, Australia  
Combined Q&A

### Disc 02/10 Cellular Ageing and Clinical Interventions

Dr. Michael Fossel  
University of Michigan, USA  
Prof. Suresh Rattan  
University of Aarhus, Denmark  
Dr. Richard Faragher  
University of Brighton, UK  
Mr. Barry Flanary  
University of Florida, USA  
Combined Q&A

### Disc 03/10 Cardiovascular Disease

Prof. Judith Whitworth  
Australian National University  
Dr. Warwick Greville  
Ashbrooke Medical Centre, Australia  
Mr. Mike Curley  
Health World Ltd, Brisbane, Aus.  
Dr. Ross Walker  
Fox Valley Clinic, Sydney, Australia

### Breakthroughs in Anti- Ageing Dermatology

Dr. Rodney Sinclair  
University of Melbourne/Monash  
University, Australia  
Mr. Haru Naito Water Tech,  
New York, USA & Tokyo, Japan

### The Ageing Eye

Dr. Paul Beaumont  
Macular Degeneration  
Foundation of Australia

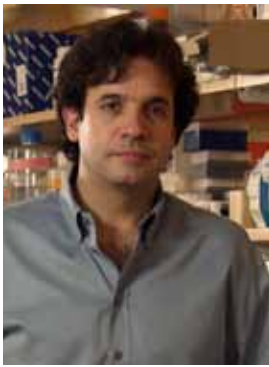
### Disc 04/10 Musculoskeletal Health

Prof. Marc Cohen  
RMIT University, Australia  
Mr. Paul Cribb  
Victoria University, Australia  
Dr. Avan Sayer  
University of South Hampton, UK

### Ageing and the Endocrine System

Dr. Richard Reid  
Sydney, Australia  
Mr. Bill Anton  
Swinburne University  
of Technology, Australia  
Prof. Kerryn Phelps  
Sydney, Australia

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**Prof. Rudy Tanzi**

Director, Genetics and Aging Research Unit, Harvard Medical School, Harvard University, USA.

*"Don't wait for disease to strike. This is true of Alzheimer's, cancer, diabetes, all cardiovascular disease. The major four hurdles of healthy ageing in terms of pathological disease can all be attacked with this same approach of genomic medicine. Find the genes, predict early, prevent early."*



**Professor Judith Whitworth**

Director, John Curtin School of Medical Research Australian National University, ACT, Australia.

*"Age specific death rates in indigenous Australians are much greater than they are in the Australian population as a whole. This is and remains a national disgrace."*



**Ms Petrea King**

Founder/Director 'Quest for Life Foundation' and the 'Petrea King Quest for Life Centre', NSW, Aus.

*"Human beings have been eating organic produce for 60,000 years plus. In the last 60 years we've started doing some very strange things with our food supply and now we have 100,000 chemicals in the environment that we didn't have 100 years ago and 90% of those are carcinogenic."*



**Prof Suresh Rattan**

Research Professor, Danish Centre for Molecular Gerontology, Department of Molecular Biology, University of Aarhus, Denmark.

*"Two of the most dangerous chemicals to the body are oxygen and glucose. The same things which give us life are in a way the cause of our death."*



**Prof. John McCallum**

Dean, College of Social and Health Sciences, University of Western Sydney, NSW, Australia.

*"A stunning, rich, refreshing conference. Some of the best minds in the world articulating really advanced ideas..."*



**Prof. Julie Byles**

Director, Centre for Research & Education in Ageing Assistant Dean, Research & Research Training, Faculty of Health, University of Newcastle, NSW, Australia.

*"A lot of the things that affect your quality of life in ageing or the experience of ageing is not physical, it's not biological, but it's social."*



**Dr. Alexandre Sidorenko**

Chief, U. N. Focal Point on Ageing, Division for Social Policy and Development

*"The Inaugural International Conference on Longevity in Sydney and the launch of the International Centre for Healthy Ageing and Longevity are two essential steps towards strengthening partnerships between researchers and practitioners addressing the issues of healthy ageing and longevity."*

This collection of world class speakers is available now for

**\$495AUS**

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[www.longevity-international.com](http://www.longevity-international.com)



**INTERNATIONAL RESEARCH CENTRE FOR HEALTHY AGEING & LONGEVITY**

**Disc 05/10 Mental Health & Longevity 1**  
Prof. Graham Burrows  
University of Melbourne/  
Austin Health, Australia  
Prof. Rudy Tanzi  
Harvard University, USA  
Combined Q&A

**Biomedical and Biological Advances in Geriatric Medicine**  
Dr. Victoria Cogger  
NHMRC, Australia  
Prof. Robert Cumming  
University of Sydney, Australia  
A/Prof. Jillian Kril  
University of Sydney, Australia  
Dr. Vasi Naganathan  
University of Sydney, Australia  
Dr. Arthur Everitt  
University of Sydney, Australia

**Disc 06/10 Mental Health and Longevity 2**  
Prof. Avni Sali Swinburne  
University of Technology, Australia.  
Dr. Andrew Francis  
RMIT University, Australia  
Prof. Marc Cohen  
RMIT University, Australia  
Mr. Simon Grbevski  
Sydney, Australia

**Your Life Matters: Living from the Inside Out**  
Ms. Petrea King  
Quest for Life Foundation, Australia

**Disc 07/10 Anti-Ageing Medicine: The Hype and the Reality**  
Prof. S. Jay Olshansky  
University of Illinois, USA  
Prof. Bruce Carnes  
University of Oklahoma, USA  
Prof. Leonard Hayflick  
University of California, USA  
Prof. Thomas Perls  
Boston University, USA  
Combined Q&A

**Disc 08/10 Achieving Optimal Nutrition throughout the Human Lifespan**  
Dr. Mohsen Meydani  
Tufts University, USA  
Dr. James Joseph  
Tufts University, USA  
Combined Q&A

**Disc 09/10 Ageing Research**  
Prof. Anthony Linnane  
University of Melbourne/Epworth  
Medical Centre, Australia  
Dr. Natalia Gavrilova  
University of Chicago, USA

**Future Longevity Strategies**  
Dr. Richard Mollard  
Monash University, Australia  
Dr. Donald Ingram  
National Institute of Aging/National  
Institute of Health, USA  
Dr. George Roth  
National Institute of Aging/National  
Institute of Health, USA  
Combined Q&A

**Disc 10/10 The Environment, Human Health, and Longevity of the Planet**  
Dr. Zorba Paster  
University of Wisconsin, USA  
Mr. Peter Garrett  
Australian Conservation Foundation  
Dr. David Suzuki  
David Suzuki Foundation, Canada

**Healthy Ageing: Research, Policy and Action**

Prof. Helen Bartlett  
University of Queensland, Australia

**What does Human Ageing really mean and how can we do it right in the 21st Century?**  
Prof. Gary Andrews  
University of South Australia

**Launch of the International Research Centre for Healthy Ageing and Longevity**